

# COVID-19 ARSENAL

Protect yourself and others against COVID-19 with the recommended protective arsenal. Note, not all safety and PPE gear may be right for you. We've colour coded items so you know exactly what you need.



General Public



Infected



Undertaking Essential Work



Medical Professionals

## Hand Soap & Water



Your best form of protection. Regularly washing hands removes virus particles that otherwise might have been transferred to your eyes, nose or mouth, possibly resulting in infection.



## Hand Sanitiser



Where no hand soap or water is available, clean your hands with an alcohol based hand sanitiser. This will kill any remaining virus.<sup>1</sup>

Hand sanitiser will only be effective on hands already clean of organic matter such as grime or dirt.



## Disposable Gloves



To protect your hands. Gloves provide a barrier between the skin and surfaces. They are single use and should be disposed of correctly after each use. Hands still need to be washed before and after wear.



## Surgical or P2 Respirators



Protects your nose and mouth from airborne particles and can be used to prevent virus spread from infected persons to the general public. As respirators are in high demand, it is suggested they are only used when absolutely necessary.



## Safety Glasses or Goggles



Protects your eyes from airborne virus particles and discourages the touching of eyes with your hands.



## Coveralls or Gowns



Protects clothing from virus particles that could otherwise have been picked up by your hands and transmitted to the eyes, nose or mouth, possibly resulting in infection.



Care was taken when writing this guide and this information was correct at the time of publishing, however the COVID-19 situation evolves rapidly. Refer to the Australian Government Department of Health's website for the latest information. ATOM Safety recommend that you check with your local public health authority for PPE selection guidance.

<sup>1</sup> World Health Organisation. <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>.